

Ladder of Hope Trust
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Dear Friends

Ladder of Hope is in frequent contact with CINDI(Kansenshi), the charity in Zambia it was established to support. It's always a pleasure to hear just how effectively the funds raised by our friends are used. This newsletter is no exception! It also includes a report on the activities of the Trust.

LOH TRUST/TRUSTEES

Ladder of Hope is a vehicle for funds to be sent to Zambia. Where possible, we reclaim the tax paid by donors. We also promote the Trust on a personal & national level.

Philippa Burden has been instrumental in getting the website of the ground as well as engaging in various fund raising activities.

Linda Robbins, our minuting secretary, also has a hand in publicity & fundraising activities.

She raised sponsorship for the last promotional booklet. She says 'For me LOH represents the meaning of true charity; it operates without expensive offices, vehicles computers or Trustee's 'expenses'. It succeeds in getting to grass roots of need...when in Zambia, I saw this in action. money sent by a group in Exeter was given directly to an 85 year old Granny to buy charcoal for the five children in her care - that's why I'm involved!'

John Hogg, our Vice-Chairman, lived & worked in Ndola. 'My first connection with CINDI(K) was being recruited by my wife to assist with Saturday morning food handouts. This consisted of sitting on the veranda surrounded by sacks of dried beans & Kapenta (dried fish) & transferring them to smaller bags for distribution. My most lasting memory is of transporting a very new baby to the local hospital in an attempt to save its life. The mother had died & it had been fed on water only for several days, there was no money to buy baby milk.' He was Head Teacher of St Andrew's School & was instrumental in ensuring that two free places were available each year for CINDI(K) children. He is always on the hunt for corporate charitable funds which can be used to benefit CINDI(K) - his latest 'find' is Tools With A Mission. They will be donating tools & equipment which will be sent out to Zambia early next year. If you have any good ideas, please let John know.

Anne Hogg is our treasurer. Anne has been involved with CINDI(K) from the very start in 1994. 'I was invited by a local council social worker to attend a meeting to see what could be done to help families where 'Home Based Care' had been discontinued. on the death of an HIV/AIDS sufferer. This was usually one or both parents leaving behind a child or grandparent headed family with no income.... My present role involves keeping the books, dealing with the Charities Commission, receiving and acknowledging donations & reclaiming Gift Aid where possible.'

Chris Arnheim keeps us on the straight & narrow. As a solicitor his legal brain scans our work, Chris drew up the application for Trust status. Chris is also interested in accessing corporate funding.

Sue Brice is Chairman of LOH. CINDI(K) settled in her heart whilst she was teaching in Zambia & has never left it. When she came back to the UK in 2007 it was with the determination to set up a Trust in the UK. She writes & sends out the newsletters as well as fundraising.

John Baker became involved with fundraising for CINDI(K) with his late wife, Christine. John feels very strongly about the work of CINDI(K) & its grass-roots effectiveness, he continues to work to raise funds.

FUNDS SENT SINCE August 2009 a total of £12,100 has been sent to CINDI(K) - a huge thank you to all of our donors.

Gift CARDS FOR CHRISTMAS Enclosed with this mailing is an order form for Gift Cards. The cost of printing was fully funded so all proceeds after P&P go to LOH. They cost £5 each plus £1 p&p. the funds raised will go towards nutritional support & furthering the work of CINDI(K). If you are short of a gift idea, why not share your Christmas dinner with a Zambian family?

CINDI (KANSENSHI) NEWS

George's Ordination was a wonderful occasion which took place at the Cathedral of Christ the King in Ndola. George was ordained Deacon (not as I wrote in the last newsletter, priest, that comes later...). Phyllis Bwalya & other CINDI(K) guardians attended the event as George's 'family'. George is now heavily involved with social work, teaching & services. Phyllis lately attended a funeral conducted by George she was amazed at his confidence but not surprised by his compassion.

Education The Community School currently has 97 orphans & vulnerable children on its books. They are heads down for exams at the

moment. The outcome of these exams will determine which grade they can go into in the coming school year. We wish them every success.

Lawrence Mwape a Grade 12 graduate, is currently helping at the centre whilst awaiting a place at university to study Bio-chemistry. Phyllis classes him as a 'triple orphan'.

Lawrence first lost both of his parents & then the aunt who took him in & gave him a home. Originally Lawrence had hoped to go for military training, sadly the trauma of his losses have prevented him furthering this ambition. He is currently receiving counselling. Again, it is through the work of CIND(K) that Lawrence is able to get this help & will have a bright future.

Young Ester Mulekwa is still under the care of Professor Chintu, her leukaemia is in remission. She was training to be a nurse but has transferred to train as a Secondary School teacher. Ester is in good health at present.

Older Ester Mulekwa (they are sisters with the same name). Is now a lecturer at the agricultural training college & has taken over the guardianship of her siblings following the death of their grandparents.

Nortech Graduates 12 students graduated from the college with a variety of skills – electrical engineering, auto-mechanics, refrigeration engineering, ICT, joinery & metal fabrication. Congratulations to ALL of them, a shining example of the future for orphans & vulnerable children supported by CINDI(K).

FQ Mines have stepped in to help Jackson, one student who did not achieve the 5-7 points required for university entry. FQM are fully sponsoring him to study engineering. Jackson will work for FQM during the vacations & will be guaranteed a job once he graduates.

Former CINDI(K) Orphan Sam Zulu is now working in Cameroon as a missionary.

Measles There has been an outbreak of measles & sadly one orphan has already died of the disease. It has hit the older students badly & those who have not been vaccinated may not survive. It is especially serious for those children who are HIV positive. Nutritional support is especially vital at this time.

Malaria will always be a problem! We are very grateful to the Exmouth M.U. who donated £100 to buy nets. This has funded 20 nets. These are examples of the families who will benefit: 9 year old Banda who is on ARVs & Peter & Paul (the malnourished twins mentioned in the last newsletter). Peter & Paul are doing really well.

Harvest/Cultivation The onions planted at the centre have now been harvested. The yield was not as good as had been hoped. The guardians are now cultivating the land at the farm ahead of the rains. They will be planting ground-nuts, maize, sweet potatoes & the usual range of other smaller crops.

FUNDRAISING

Beverly Vasey & The Great North Run. Many congratulations to Bev. She raised a total of £750 & part of this will be used to help transport the Tools With A Mission container to Zambia. A fantastic effort.

Thanks to Chesterfield Rotary Club who have donated a further £200 towards transport costs.

Harbury Annual Coffee Morning It was a real pleasure to help with Gladys Hutchins' annual fund raiser & meet and talk to some of our supporters.

Do keep me up to date with your fund raising activities – I'd like to share them with others!

CINDI(K) Vehicle St Leonard's Church, Hythe raised the funds to replace our vehicle about 6 years ago. It has been a real work horse, coping with sick guardians & children, potholed roads, heavy loads and is now suffering from old age (it was bought second-hand). The van is a central plank in the work of CINDI(K) – the farm is 26km out in the bush, the centre on the outskirts of the town. Dillip Desai is able to keep the van on the road but we need to look to the future. Any suggestions?

CORRECTION: Anne Hogg's email address is: janda@hoggs13.fsnet.co.uk

We are often asked about the cost of living. I have repeated the cost of living break-down in this newsletter to give you an idea. +/- 8,000 Kwacha to the pound.

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|---|--------------|
| Junior School Teacher: | K430,000 pcm |
| Junior Field worker: | K300,000 pcm |
| Social Worker: | K625,000 pcm |
| Night Watchman: | K260,000 pcm |
| 1 room house rent | K40,000 pcm |
| 25 kg mealie (staple lasts about 2 weeks) | K45,000 |
| Charcoal (50kg lasts about 2 weeks) | K30,000 |

The figures tell the story.

Why support Ladder of Hope?

I always hope that the newsletters speak for themselves but it does not hurt to spell things out from time to time!

What is LOH?

* It's a fund raising trust which helps to keep CINDI(K) going.

* Every penny raised goes directly to help the children in CINDI(K)'s care.

* We have no administration costs –the Trustees give their time and expertise for free.

What is CINDI(K)?

* It's a community based organisation which offers welfare care and education to orphans & vulnerable children.

Why Ladder of Hope?

* It's symbolic!

* The people we help to help themselves can't even see the 'ladder' they are too deep in the pit of poverty.

* We help them get their feet on at least the first rung!

Well, that's all for now folks. As ever, so many thanks and many blessings upon you for all that you do.

All good wishes

Sue Brice

Chairman, Ladder of Hope Trust